

A photograph of two black trekking poles leaning against a large, moss-covered tree trunk in a forest. The poles are positioned diagonally, with their handles at the top and their tips on the ground. The background is a blurred forest scene with sunlight filtering through the trees. The text "Trekking Poles User Guide & Product Handbook" is overlaid in a stylized, orange-brown font with a black outline.

Trekking Poles User Guide & Product Handbook



Trekking Poles User Guide & Product Handbook

Thank you for choosing these premium trekking poles.

Designed for durability, comfort, and versatility, manufactured from the finest quality carbon fibre.

They provide reliable balance and stability across a wide range of terrain.

This guide will help you understand their features, proper setup, safe use, and maintenance to ensure long-lasting performance.

Product Overview

WHY YOU'LL LOVE THEM

- Stunning custom design – Sleek, modern aesthetic suitable for all outdoor settings
- Finest quality build – Engineered for strength, reliability, and long-term use
- Simple twist & lock mechanism – Quick and secure length adjustment
- Reliable, sturdy construction – Built to withstand rugged environments
- Fully assembled – Ready to use
- Hand Strap- Adjustable strap

Technical Specifications

- Collapsed Length: 27 inches
- Extended Length: 48 inches
- Adjustment Scale: Visible measurement markings for precision sizing
- Portability: Compact enough for suitcases
- Perfect for hiking, trekking, travel, backpacking, and outdoor exploration.



Key Features Explained

Twist & Lock Adjustment System

- The twist & lock system allows quick length customization.
- How to Adjust:
- Hold the upper section firmly by handle grip.
- Twist the lower section , the adjustor counterclockwise to loosen fully .
- Extend to your desired length (use visible scale for guidance).
- Twist clockwise until secure.
- Test stability before use.

Always ensure both poles are adjusted evenly.

Double-check locks before starting your activity.

Comfort Grip Handles

- Ergonomically moulded for a secure and comfortable hold
- Reduces hand fatigue during extended use
- Provides stable control in both dry and wet conditions

Metal Spike Tip

- Designed for improved traction on:
- Rocky paths
- Loose gravel
- Uneven terrain
- Enhances stability during steep ascents and descents

Removable Protective Cap

- Protects metal tip when not in use
- Ideal for: Snow, Mud, Hard indoor surfaces
- Easily replaceable if worn

*To remove cap to expose spike tip for different terrain, pull off from the end of the Pole, then pull off locking collar and unscrew protective cap.



Proper Pole Sizing Guide

Correct pole length improves efficiency and reduces strain.

Basic Sizing Rule:

- When holding the pole vertically:
- Your elbow should form approximately a 90-degree angle.

Terrain Adjustments:

- **Uphill:** Shorten poles slightly
- **Downhill:** Lengthen poles slightly
- **Flat terrain:** Standard 90-degree elbow position

Usage Guidelines

These poles are ideal for:

- Hiking trails
- Trekking routes
- Snow walks (with cap attached)
- Travel support on uneven terrain

They enhance:

- Balance
- Stability
- Joint relief (especially knees on descents)
- Rhythm and walking efficiency

Safety Information

IMPORTANT WEIGHT-CAPACITY DISCLAIMER

These poles are designed to provide balance and stability only. They are NOT intended to:

- Support full body weight
- Be used as medical mobility aids
- Replace walking canes or crutches

This is a standard equipment specification and is not related to body size or weight.

Always:

- Inspect poles before each use
- Ensure locks are tightened properly
- Use appropriate footwear
- Exercise caution on slippery or unstable terrain

Maintenance & Care

Proper maintenance ensures long life and performance.

After Each Use:

- Wipe down poles to remove dirt or moisture
- Remove mud or debris from tips
- Allow to fully dry before storage

Periodic Care:

- Check locking mechanism for tightness
- Inspect tips and caps for wear
- Replace caps when worn
- Do not store while wet

Storage:

- Collapse to 27" length
- Store in a cool, dry place
- Avoid prolonged exposure to extreme heat

Travel & Portability

With a compact 27" collapsed size, these poles are:

- Easy to fit inside luggage
- Suitable for carry-on (always check airline regulations)

Best Practices for Longevity

- Avoid excessive force
- Do not use as leverage tools
- Avoid prying rocks or heavy objects
- Keep adjustment sections clean

Treat them as precision outdoor equipment for maximum lifespan.





Customer Support

Please email
cbrownmanufacturing@gmail.com
directly for assistance.

Final Thoughts

These trekking poles combine design, durability, comfort, and practicality. Whether you're navigating rugged trails or enjoying a scenic walk, they are built to support your adventure — safely and reliably.

***Enjoy your journey and trek
with confidence!***